

For information on becoming a Home Health Aide, see [Sources of additional information](#) within this brochure.

For information on youth employment opportunities, contact a career counselor at your high school or employment counselor or job and information center coordinator at your local NH Employment Security Office.

**Berlin (752-5500)**

[151 Pleasant St., PO Box 159, 03570-0159](#)

**Claremont (543-3111)**

[404 Washington St., PO Box 180, 03743-0180](#)

**Concord (228-4100)**

[10 West St., PO Box 1140, 03302 - 1140](#)

**Conway (447-5924)**

[518 White Mountain Highway, 03818-4205](#)

**Keene (352-1904)**

[109 Key Rd., 03431-3926](#)

**Laconia (524-3960)**

[426 Union Ave., PO Box 760, 03246-2894](#)

**Lebanon (448-6340)**

[85 Mechanic St., Ste.4, 03766-1506](#)

**Littleton (444-2971)**

[646 Union St., Ste.100, 03561-5314](#)

**Manchester (627-7841)**

[300 Hanover St., 03104-4957](#)

**Nashua (882-5177)**

[6 Townsend St., 03060-3285](#)

**Portsmouth (436-3702)**

[2000 Lafayette Rd., 03801-5673](#)

**Salem (893-9185)**

[29 South Broadway, 03029-3026](#)

**Somersworth (742-3600)**

[243 Rt.108, 03878-1512](#)

**NHCRN**  
New Hampshire Career Resource Network  
Employment SECURITY Rick Ricker (603) 229-4489 ELM4B  
[www.nhes.state.nh.us/elmi/nhcrn/index.htm](http://www.nhes.state.nh.us/elmi/nhcrn/index.htm)

SO, You want  
to be a...

*Projected to be among the fastest growing  
occupations. (NH Employment Projections 2000-2010)*

## Health Science Home Health Aide



## New Hampshire

Here are  
a few things  
you should know.

You'll want to know a few things about this career.

Avg Hrly Wage:

\$10.41

Expected

Growth Rate\*:

51%

Avg Annual

Openings:

98

Training/Educ

Needed:

Short On-the-Job Training

Can receive training through high school, vocational-technical school or other institution. See Home Health Aide Programs available in NH at

[www.nhes.state.nh.us](http://www.nhes.state.nh.us), (NHetwork)

Basic Skills: Listening, writing, speaking.

Job Skills: tact, patience, understanding, interpersonal skills, dependability, be emotionally stable, healthy, teamwork, communication. (OOH) (Also: Service orientation, social perceptiveness, active listening, speaking, writing, coordination, problem identification.)

[www.onetcenter.org](http://www.onetcenter.org)

SO, You want to be a...

# Home Health Aide

Projected to be among the fastest growing occupations. (NH Employment Projections 2002-2012)

## TASKS

1. Changes bed linens, washes and irons patient's laundry, and cleans patient's quarters.
2. Assists patients into and out of bed, automobiles, or wheelchair, to lavatory, and up and down stairs.
3. Administers prescribed oral medication under written direction of physician or as directed by home care nurse and aide.
4. Massages patient and applies preparations and treatment, such as liniment or alcohol rubs and heat-lamp stimulation.
5. Performs variety of miscellaneous duties as requested, such as obtaining household supplies and running errands.
6. Entertains patient, reads aloud, and plays cards and other games with patient.
7. Maintains records of services performed and of apparent condition of patient.
8. Purchases, prepares, and serves food for patient and other members of family, following special prescribed diets.

[www.onetcenter.org](http://www.onetcenter.org)

Interests

(Holland Code): SER (Social, Enterprising, Realistic)

Interest Area: Medical and Health Services

Working Conditions: Vary depending on patient needs. (Can require a lot of standing, walking, and heavy lifting.)

Avg Work Week: up to 40hrs (could also include evening, weekend, & holiday

work to meet 24hr care requirements.)

Sources of additional info: NH Employment Security (Contact office nearest you or go online to [www.nhes.state.nh.us](http://www.nhes.state.nh.us)).

National Association for Homecare, 228 7th Street SE., Washington, DC 20003 ([www.nahc.org](http://www.nahc.org)).

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